**Sports and Cognition Survey Data Export – Qualtrics Export**

**Important Notes:**

* Rows 4 to 15 contain pilot data and survey testing information. These rows should be excluded from all analyses.

**Qualtrics Meta-Data Overview:**

**Columns A-S**

**1. Consent Form:**

* **Column S (Q64):** Consent
* **Column T (Q65):** Confirmation of age

**2. Demographic Questions:**

* **Column U (Q81):** Age
* **Column V (Q71):** Date of Birth
* **Column W (Q1):** Gender and Sex (Multiple choice options)
* **Column X (Q1\_10):** Open-ended response for participants who selected an option other than those listed in Q1.
* **Column Y (Q72):** Racial category (Multiple choice options)
* **Column Z (Q72\_8):** Open-ended response for bi-racial individuals, as specified in Q72.
* **Column AA (Q72\_9):** Open-ended response for participants who selected an option other than those listed in Q72.
* **Column AB:** English Speaker (Yes/No response)
* **Column AC (Q74):** Are you a full-time or part-time student? (Yes/No response)
* **Column AD (Q75):** For respondents answering "Yes" to Q74, what is your current year in college? (Multiple choice options)
* **Column AE (Q86):** Have you ever been diagnosed with a head injury? (Yes/No)
* **Column AF (Q87):** Have you ever been diagnosed with a concussion? (Yes/No)
* **Column AG (Q88):** Have you ever been diagnosed with loss of consciousness? (Yes/No)

**3. Attention Check #1:**

* **Column AH (QID91):** Attention Check (Correct answer: Spaceship)

**4. Sports and Concussion History:**

* **Column AI (Q76):** Did you play any sports in high school for any length of time? (Yes/No)
* **Column AJ (Q77):** Open-ended response specifying which sports were played.
* **Column AK (Q78):** Diagnosed with sports-related concussion(s)? (Yes/No)
* **Column AL (Q78\_1):** Open-ended response specifying which sport(s) the concussion(s) occurred in, and the number of concussions.
* **Column AM (Q84):** Diagnosed with non-sports-related concussion(s)? (Yes/No)
* **Column AN (Q84\_1):** Open-ended response specifying the number of non-sports-related concussions.

**5. Attention Check #2:**

* **Column A0 (Q89):** Attention Check (Correct answer: Kindergarten)

**6. Pittsburgh Sleep Quality Index (PSQI):**

* **Columns AP-BK**

For more information on the PSQI: [Pitt Sleep Lab PSQI](https://www.sleep.pitt.edu/psqi)

Scoring details: [sleep.pitt.edu/sites/default/files/assets/Instrument Materials/Exhibit A-PSQI scoring.pdf](sleep.pitt.edu/sites/default/files/assets/Instrument%20Materials/Exhibit%20A-PSQI%20scoring.pdf)

The PSQI includes 7 subscores and a Total PSQI score.

**7. Attention Check #3:**

* **Column BL (Q90):** Attention Check (Correct answer: 75 degrees or higher)

**8. Attention Control Scale (ATTC):**

* **Columns BM-CF**

For more information on the ATTC and scoring, visit: [Attention Control Scale (ATTC) – UW Madison](https://www.addictionresearchcenter.org/)

The ATTC includes 2 subscores (attention shifting and attention focusing) and a Total ATTC score.